

CHIARI BRIDGES

VALENTINE EDITION



FEBRUARY/2022/ISSUE#2



To Love & Be Loved

By Michelle Cole

We face a lot of pain and the frustration that we get from our medical professionals, definitely adds insult to injury. We lose a lot in this fight, but we're not the only ones losing!

It's easy to forget that pain is pain. When someone you love complains of a headache and our response is, "You don't even know what a real headache is... try having a headache 24/7," it might be a sign that you need to check your heart position.

Chronic pain be very consuming, but we are more than just our conditions and pain. We have a purpose for being here and surviving all that we have survived. Our loved ones are still in our lives because we need them, but we're also still in their lives, because **THEY NEED US TOO!**

It doesn't matter how many times they've hurt us, be the change that you want to see in this world, and **don't let Chiari steal more than it already has!**

INCLUDED THIS MONTH

TO LOVE & BE LOVED

Don't let Chiari Steal More Than It
Already Has.

MY HUSBAND, MY CARETAKER, MY HERO

We have so much more in store.

HELP US MAKE A DIFFERENCE!

We need your financial support.

My Husband, My Caretaker, My Hero

By Michelle Cole



Like any marriage, we've had our rocky moments. We've both showed our ugly sides more than we like to admit. I'm not sure when he changed, but somehow along the way in our 27 years of marriage, my husband morphed into this amazing man who is EXACTLY what I need in every way!

My husband doesn't have the same responsibilities that most husbands have. He works full-time to provide for his family and does more than his fair share of household chores. But my husband has a wife with several chronic conditions. He has a wife that has been in some level of pain almost every day for over 18 years! He's seen me through ten surgeries since we've been married, eight of them being in a five-year period. That is enough to exhaust the strongest of men, but exhausted or not he has stood by my side through all of it.

[\[Read More\]](#)

Help Us Make A Difference!

By Michelle Cole

Many of the Chiari/Comorbid non-profits bring in close to a million dollars a year in donations. During the early years, my husband and I paid for everything. We've done a lot with a little, but our expenses have grown beyond that now (with new things like the social media platform and app). We currently have a handful of people who donate every month through PayPal, but if we're going to grow this and keep things free for those that need it, we are going to need help.

[\[For more information on how you can help support us!\]](#)

